



## SAFETY TRAINING CATALOGUE





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Printed in Canada

**DOC #0038 February 2026**



# Confined Space Services & Deliverables

**At Natt Safety Services, we specialize in Confined Space Safety and take pride in supporting contractors and organizations with comprehensive solutions tailored to their confined space needs. Our team of Confined Space Specialists ensures regulatory compliance, operational safety, and effective risk mitigation. Below is a summary of the services we provide:**



## 1. Confined Space Site Assessments

- Identification and classification of confined and restricted spaces based on site-specific conditions and regulatory definitions.

## 2. Confined Space Risk Assessments

- Comprehensive evaluation of potential hazards within and surrounding the space.
- Risk analysis aligned with the scope of work to determine appropriate hazard
- controls.

## 3. Confined Space Rescue Plan Development

- Development of site-specific rescue plans including:
  - Selection of extraction and air monitoring equipment.
  - Rescue procedures tailored to space dimensions and access points.
  - Plans based on site visits or photographic documentation.

## 4. Confined Space Program Creation & Review

- Review and enhancement of existing confined space programs to ensure
- compliance with Ontario Regulation 632/05.
- Development of new confined space programs from the ground up, customized to
- your operational needs.

## 5. Confined Space Permit Management

- Creation or modification of confined space entry permits to meet regulatory
- standards and site-specific requirements.

## Comprehensive Solutions Tailored to Your Confined Space Needs

Barrie - (705) 881-9019  
Brockville - (613) 739-9455  
Lively - 1-866-244-3334  
Sault Ste. Marie - (249) 889-6160  
Timmins - (705) 269-0401  
Thunder Bay - (807) 235 9040  
Vaughan - (416) 231-3752

[www.nattsafety.com](http://www.nattsafety.com)





# Confined Space Services & Deliverables

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## 6. Joint Hazard Assessments (JHAs)

- Collaborative identification of task-related hazards.
- Implementation of effective control measures to ensure worker safety.

## 7. Confined Space Equipment Assessment

- Inspection and evaluation of existing confined space equipment for compliance and
- operational readiness.
- Rescue plans developed using on-site equipment, with recommendations provided as needed.

## 8. Air Monitoring Equipment Recommendations

- Review of current air monitoring systems.
- Expert recommendations for upgrades or replacements to meet safety and compliance standards.

## 9. Training Programs

- We offer a range of confined space training courses, including:
  - Confined Space Entry & Awareness
  - Confined Space Attendant & Principles of Air Monitoring
  - Confined Space Rescue – Technician Level 1

## 10. Health & Safety Coordination

- Provision of experienced Health & Safety Supervisors and Coordinators to support shutdowns, turnarounds, and daily operations.

## 11. Confined Space Attendant & Rescue Services

- Deployment of trained confined space rescue teams equipped with:
  - Air monitoring and extraction equipment.
  - First aid capabilities until emergency services arrive

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# SAFETY TRAINING + INDUSTRIAL SERVICES

Our in-house and on-site safety and rescue training services is suitable for workers and supervisors in the mining, construction, pulp and paper industry, and more. NATT Safety Services has grown to be the largest confined space rescue provider and in-house training facility in Ontario.

We work with our own in-house personnel team, NATT Personnel Solutions, to find qualified individuals for your shutdown, provide training, and gear.

We provide on-site services in order to review and examine whether the safety programs and strategies are meeting a company's overall safety goals.



## QUESTIONS?

**Contact us for more information**

**1-866-244-3334**



# WORKING AT HEIGHTS

Our Working at Heights training program was created and developed by NATT Safety Services and is CPO approved (PRO-34727).

## → Working at Heights Training

The aim for this training is to create the easiest and safest solution when working at heights. This training allows you to recognize and avoid hazards associated with working at heights.

### **DURATION**

6.5 hours total theory + practical

### **COURSE TOPICS - THEORY**

- Roles, right and responsibilities related to working at heights under the Occupational Health and Safety Act
- General hazard recognition for working at heights
- Hierarchy of controls
- Safety procedures for warning methods and physical barriers
- Barriers and safety nets
- Ladders and similar equipment

### **COURSE TOPICS - PRACTICAL**

- Fall protection systems
- Personal fall protection equipment
- Anchor points
- Work access equipment and platforms
- Rescue plans

You must achieve an 80% or higher on the written evaluation and successfully complete the practical evaluation in order to successfully complete the course.

### **WHO REQUIRES THIS TRAINING**

- Any worker who is required under Ontario Regulation 213/91 (Construction Projects) to use any of the following methods of fall protection:
  - A travel restraint system
  - A fall restricting system
  - A fall arrest system
  - A safety net
  - A work belt
  - A safety belt under O.Reg 253/14, s. 1.



# WORKING AT HEIGHTS

## COURSE BENEFITS

Successful participants of the Working at Heights training will receive their certification for a 3-year period.

## PPE REQUIREMENTS

- Full Body Harness

## LEGISLATION

The Occupational Health and Safety Awareness and Training Regulation (Ontario Regulation 297/13) under the OHS Act clearly sets out WAH as a mandatory requirement.

In addition to these requirements, employers continue to have a duty under subsection 26.2 (1) of O. Reg. 213/91 (Construction Projects) to ensure that workers who may use a fall protection system are adequately trained on the use of the system, and are given adequate oral and written instructions by a competent person.

Employers with workers who are required by O. Reg. 213/91 (Construction Projects) to use any of the fall protection methods listed above must do the following:

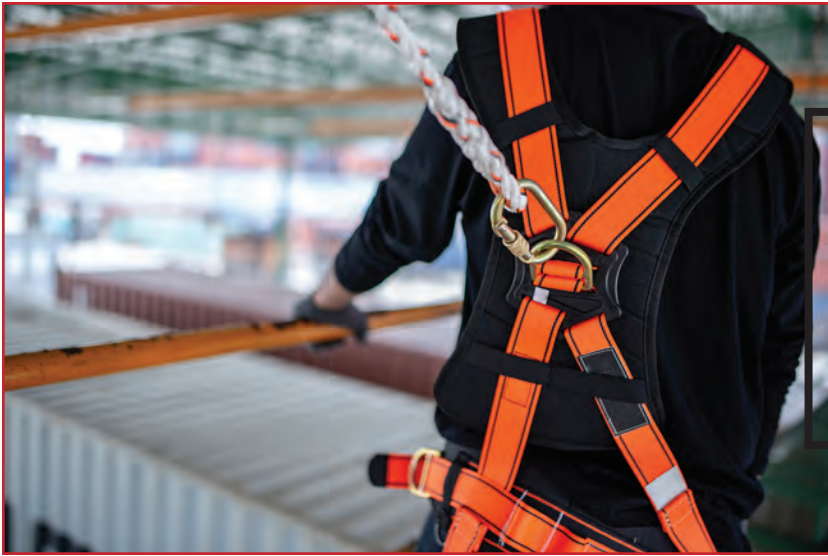
- Ensure the worker completes a working at heights training program that has been approved by the CPO as having met the Working at Heights Training Program Standard applicable at the time of the training;
- Ensure the training provider delivering the training program was approved by the CPO as having met the Working at Heights Training Provider Standard applicable at the time of training;
- Ensure the worker's training is valid and has not expired;
- Maintain a training record for the worker that includes the worker's name, the approved training provider's name, the date the training was completed and the name of the approved training program;
- And make the training record available to a Ministry of Labour inspector on request.

# QUESTIONS?

**Contact us for more information**

**1-866-244-3334**





# WORKING AT HEIGHTS

## REFRESHER TRAINING

### → Working at Heights Refresher Training

Working at Heights Refresher Training reinforces key learning outcomes for workers who are exposed to the danger of falling from heights on construction projects. All workers who work at heights on construction projects must be able to demonstrate their knowledge of the correct use of fall protection equipment.

#### **DURATION**

4 hours

#### **COURSE TOPICS - PRACTICAL**

- Fall protection systems
- Personal fall protection equipment
- Anchor points
- Work access equipment and platforms
- Rescue plans

You must achieve an 80% or higher on the written evaluation and successfully complete the practical evaluation in order to successfully complete the course.

#### **WHO REQUIRES THIS TRAINING**

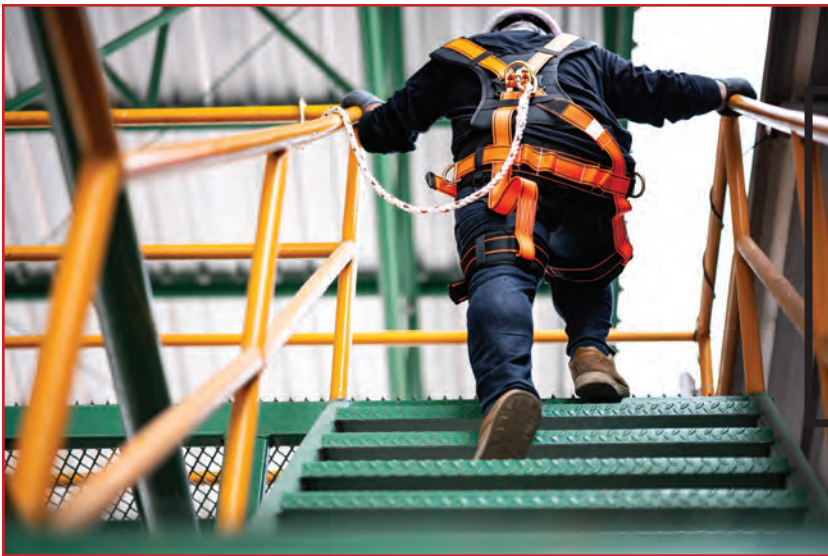
- Any worker who is required under Ontario Regulation 213/91 (Construction Projects) to use any of the following methods of fall protection:
  - A travel restraint system
  - A fall restricting system
  - A fall arrest system
  - A safety net
  - A work belt
  - A safety belt under O.Reg 253/14, s. 1.

#### **COURSE BENEFITS**

Successful participants of the Working at Heights Refresher Training will maintain their valid certification for 3 years.

#### **PPE REQUIREMENTS**

- Full Body Harness



# WORKING AT HEIGHTS

## REFRESHER TRAINING

### LEGISLATION

The Occupational Health and Safety Awareness and Training Regulation (Ontario Regulation 297/13) under the OHS Act clearly sets out WAH as a mandatory requirement.

In addition to these requirements, employers continue to have a duty under subsection 26.2 (1) of O. Reg. 213/91 (Construction Projects) to ensure that workers who may use a fall protection system are adequately trained on the use of the system, and are given adequate oral and written instructions by a competent person.

Employers with workers who are required by O. Reg. 213/91 (Construction Projects) to use any of the fall protection methods listed above must do the following:

- Ensure the worker completes a working at heights training program that has been approved by the CPO as having met the Working at Heights Training Program Standard applicable at the time of the training;
- Ensure the training provider delivering the training program was approved by the CPO as having met the Working at Heights Training Provider Standard applicable at the time of training;
- Ensure the worker's training is valid and has not expired;
- Maintain a training record for the worker that includes the worker's name, the approved training provider's name, the date the training was completed and the name of the approved training program;
- And make the training record available to a Ministry of Labour inspector on request.

# QUESTIONS?

**Contact us for more information**

**1-866-244-3334**





# ASBESTOS HAZARD AWARENESS TRAINING

## → Asbestos Hazard Awareness Training

The purpose of this course is to increase awareness of asbestos hazards to help minimize employee exposure and risk of acquiring an asbestos-related disease, which therefore contributes to employee workplace safety. Completion of this course alone does not meet the intent of applicable regulations nor qualify a worker to collect samples or perform abatement activities.

### **DURATION**

4 hours

### **WHO REQUIRES THIS TRAINING**

Nearly every construction trade has the opportunity for potential exposure to asbestos during “normal” construction tasks including carpenters, electricians, ironworkers, painters, plumbers, sheet metal workers among others could benefit from this course. Industrial workers should know the location of asbestos containing materials and that they must not be disturbed during maintenance, cleaning, repair, construction, etc. Asbestos that is undisturbed and safely contained is not a hazard. ACM must be regularly inspected. Your Asbestos Management Plan should be regularly reviewed and up-dated. As there are no asbestos mines and no asbestos manufacturing in Ontario Reg. 490 will apply in buildings which have a pre 1985 control program.

### **COURSE BENEFITS**

- Be aware of the health effects of asbestos exposure.
- Be aware of where Asbestos Containing Materials (ACM) have been commonly used.
- Be familiar with Regulation 278.
- Be familiar with Regulation 490\* (Does not apply at a project).
- Have an understanding of an Asbestos Management Program .
- Be aware of Type 1, 2, 3 Work Procedures

# QUESTIONS?

**Contact us for more information**

**1-866-244-3334**





# ASERT FIRE & SPILLS

The ASERT Program has proven itself to be a crucial part in maintaining safety standards as well as increasing awareness on Fire and Spills safety through out many different industries.

## → ASERT Fire & Spills

The ASERT Program was developed by industry engineers to minimize the impact of a critical event and provide emergency response training to those first on the scene.

### **DURATION**

2 hours

### **COURSE LEARNING OBJECTIVES**

- To provide training to respond to any emergency
- To ensure that when an emergency occurs, the responder (who acts as the on-scene commander) is prepared to protect life, property, and the environment.
- To minimize the impact of the environment of the emergency by taking appropriate action in the first critical moments of the event
- To reduce the number of incidents to zero

### **COURSE TOPICS**

- Emergency response
- Environmental Management Protocol (Technical Standards & Safety Authority)
- Spill management
- Fire procedure's
- Responsibilities

### **OPTIONAL PRACTICAL COMPONENT**

A practical component can be scheduled after the online training course has been completed. The practical component would include the following:

- Spill clean up techniques
- Fire simulator to practice fire extinguisher techniques

### **WHO REQUIRES THIS TRAINING**

- Commercial Drivers
- Mechanics
- Municipalities
- Fuel Drivers
- Health and Safety Representatives



# ASERT FIRE & SPILLS

## **COURSE BENEFITS**

The ASERT Fire & Spills course ensures that when an emergency occurs the responder, who acts as the on scene commander, is prepared to protect life, property and the environment, and minimizes the impact of the emergency by taking appropriate action in the first critical moments of the event.

## **PPE REQUIREMENTS**

- No PPE Required.

## **LEGISLATION**

The legislation under which employers and its employees are required the ASERT training are: The Emergency Management and Civil Protection Act, R.S.O. 1990, c. E.9.

# QUESTIONS?

**Contact us for more information**

**1-866-244-3334**





# BASIC RIGGING FUNDAMENTALS

This rigging fundamentals course equips participants with an understanding of industry regulations and standards as well as the ability to recognize the proper rigging equipment for the applicable load and basic rigging calculations.

## ➔ Basic Rigging Fundamentals

Many worksites will require practical, site- specific training (in addition to theory training) before a worker is certified to operate machinery.

### **DURATION**

6-8 hours

### **COURSE TOPICS**

- Legislation
- Slings
- Centre of gravity
- Signals
- Rigging hardware
- Rigging calculations
- Hitches
- Calculating load weights

### **REGULATIONS COVERED**

- Ontario Regulations 213/91 Construction Projects
- Ontario R.R.O 1990, Regulation 854 Mines and Mining Plants
- CSA B167 Overhead Cranes, Gantry Cranes, Monorails, Hoists and Jib Cranes
- CSA Z150 Safety Code on Mobile Cranes
- Ontario R.R.O 1990, Regulation 851 Industrial Establishments

### **WHO REQUIRES THIS TRAINING**

Any person who requires to use rigging equipment and calculate rigging calculations.

### **COURSE BENEFITS**

NATT Safety Services' Rigging Fundamentals Training program covers safety protocols for workers required to use rigging equipment.

### **PPE REQUIREMENTS**

Site specific PPE, Gloves, Safety Glasses, Steel Toe Boots, Hi-Vis Work Vest or Coveralls.

### **LEGISLATION**

Rigging Training is required by Occupational Health and Safety. OHS Regulations state that any worker who is required or permitted to assemble, use, maintain or dismantle rigging is trained in safe rigging practices. The course curriculum reviews applicable requirements under the Construction Regulation 213/91 and the Occupational Health and Safety Act and Ontario R.R.O 1990, Regulation 854 Mines and Mining Plants.



# CANNABIS IN THE WORKPLACE

On October 17, 2018, the Cannabis Act (also known as Bill C-45) came into force. This federal legislation legalized recreational cannabis use nationwide in Canada in combination with its companion legislation Bill C-46, An Act to Amend the Criminal Code. Employers and employees must be informed of the issues posed by cannabis in the workplace.

## ➔ Cannabis in the Workplace

Participants will be provided with an overview of the uses, legality, and health and safety concerns of cannabis in the workplace. The course will also cover key information about Ontario's Cannabis Act.

### **DURATION**

45 to 60 minutes

### **COURSE TOPICS**

- Background
- Decriminalized or legalized
- Composition of cannabis & cannabis products
- Impairment effects on the body
- Medical cannabis
- Cannabis Act
- Employer and employee responsibilities
- Cannabis and workplace health and safety

### **WHO REQUIRES THIS TRAINING**

All employees who have not had a Cannabis in the Workplace course.

### **COURSE BENEFITS**

Successful participants of the Cannabis in the Workplace Course will have an understanding of the legality, health and safety concerns and cannabis and the workplace.

### **PPE REQUIREMENTS**

- No PPE Required.

### **LEGISLATION**

Employers are legally obligated to keep workers safe from workplace hazards, including hazards resulting from impairment. Occupational Health and Safety Act and Regulations (the Act) contains many regulations that prohibit impairment, including Regulation 855 s64, Regulation 629 under sections 12 and 13, and Regulation 854 s15. As well, all general duty clauses may be applied to impairment at work as a result of cannabis use.



# CHAINSAW SAFETY TRAINING

Receive the best Chainsaw Safety Training and be certified in the safe use of a chainsaw.

## → Chainsaw Safety Training

The Chainsaw Safety course covers basic chainsaw safety, maintenance & cutting techniques.

### **DURATION**

2 hours theory + practical

### **COURSE TOPICS**

- Basic PPE requirements for using a chainsaw
- Chainsaw components
- Chain adjustment
- Basic controls
- Basic use of a chainsaw
  - Grip and hand holds
  - Starting methods
  - Cutting techniques
  - Proper stance
  - Cutting dangers

Theory session will be followed with a Practical Exercise where participants demonstrate proper PPE donning, Starting Techniques, Stance and completing actual cuts.

### **WHO REQUIRES THIS TRAINING**

- Anyone who will be operating a chainsaw and does not have the general understanding of operating safely or who needs training with cutting techniques and maintenance.
- Municipal workers
- Landscaping workers

### **COURSE BENEFITS**

Successful participants of this course will have an understanding of the basic use of a chainsaw, cutting techniques and dangers, as well as understanding of safety practices and PPE requirements. The practical portion also provides participants with real-life in person training which is important for learning and safety.

### **PPE REQUIREMENTS**

- Hard Hat, Safety Glasses, Hearing Protection, Work Gloves, Work Boot (steel toe), Chainsaw Chaps (optional).

### **LEGISLATION**

Ontario Law requires that workers be trained in the operation and maintenance of chainsaws. This course was developed based on Canadian federal and provincial legislation, safety standards and industry best practices.



# COMPETENT SUPERVISOR HEALTH & SAFETY AND THE LAW

## → Competent Supervisor Health & Safety and the Law

Ontario's Occupational Health and Safety Act states employers must appoint competent supervisors. Whether you are newly appointed or someone who has been in the role for sometime, this workshop will bring you up to date with the legal requirements and concepts related to the Act. Specifically, the workshop provides participants with the skills and knowledge required to manage and implement health and safety in their respective roles.

### DURATION

1 Day

### UPON COMPLETION YOU WILL:

- Understand the roles and responsibilities of all workplace parties.
- Gain a working knowledge of the Occupational Health and Safety Act and Regulations that apply to your workplace.
- Be aware of recent changes in the Occupational Health and Safety Act and Regulations.
- Capable of identifying potential hazards to employees in the workplace.
- Realize that contributing factors can increase the risk of potential workplace hazards and understand the fundamentals of accident prevention.
- Identify with and support the concept of Due Diligence.
- Familiar with your legal responsibilities with regards to work refusals, injury reporting and critical injuries.
- Be prepared and know what to do if the Ministry of Labour, Immigration, Training & Skills Development arrives at your workplace.

### WHO REQUIRES THIS TRAINING

- Supervisors/Lead Hands
- Managers
- Owners

# QUESTIONS?

Contact us for more information

**1-866-244-3334**





# FIRE WATCH

This training equips participants to identify and assess hazards that can give rise to fires.

## → Fire Watch

The Fire Watch training program is designed to provide participants with knowledge and information necessary to perform fire watch duties.

### **DURATION**

1 hours

### **COURSE TOPICS**

- Legislation and Standards
- Employer and worker responsibilities
- Safe work practices
- Fire watch planning
- Steps of fire response (what to do in the event of a fire)
- Types of extinguishers, agents, and classification
- Types of fires, classifications, and behaviours
- Operation and maintenance of fire extinguishers
- Fire watch duties

### **WHO REQUIRES THIS TRAINING**

Any construction or industrial site engaged in “hot work”, namely work processes that can produce a source of ignition such as a spark or open flame, must implement a hot work management program including the provision of fire watchers.

### **COURSE BENEFITS**

This training equips participants to identify and assess hazards that can give rise to fires. Most important to the participant will be a focused discussion on specific efforts they can introduce in their workplaces to prevent the potential for fires and related explosions and when necessary, the steps needed to respond to fires and explosions.

### **PPE REQUIREMENTS**

- No PPE Required.

### **LEGISLATION**

Employers and their employees are required Fire Watch training as per the OH&S ACT: Obligations of Employers, Workers, etc. s. 2(1)-(5), Existence of Imminent Danger s. 35(1)-(2), General Protection of Workers s. 13(1)-(4), and Duties of Workers s. 14(1)-(2).



# FIRST AID TRAINING

NATT Safety Services, in partnership with Lifesaver 101, is pleased to offer First Aid Training in Sudbury.

➔ **First Aid Training** Participants now need a passing score of 70% on the test to pass the course.

The first aid training course offers an enthusiastic, fun, and effective approach to First Aid & CPR training. Participants of this program will be better equipped to confidently and effectively respond and assist in an emergency situation.

## DURATION

Basic First Aid: one day course • Intermediate First Aid: two day course

## COURSE TOPICS

- Training includes adult, child and infant CPR
- Breathing, and cardiovascular emergencies
- Choking management
- Management of a casualty who has been burned or poisoned, seizure or a diabetic emergency
- Treatment of broken bones or head or spinal injuries
- Safety and prevention of illness and injury
- The recognition and treatment of airway
- A full automated external defibrillators (AED) certification
- Management of shock, fainting and severe bleeding

## New Topics:

- Mental health
- First aid kit contents
- Substance abuse & misuse, opioid overdose (changed from opioid poisoning)
- Self-care for first aiders
- Circulatory, nervous, respiratory, and musculoskeletal systems

## WHO REQUIRES THIS TRAINING

Any employers and workers who require first aid for the workplace.

## COURSE BENEFITS

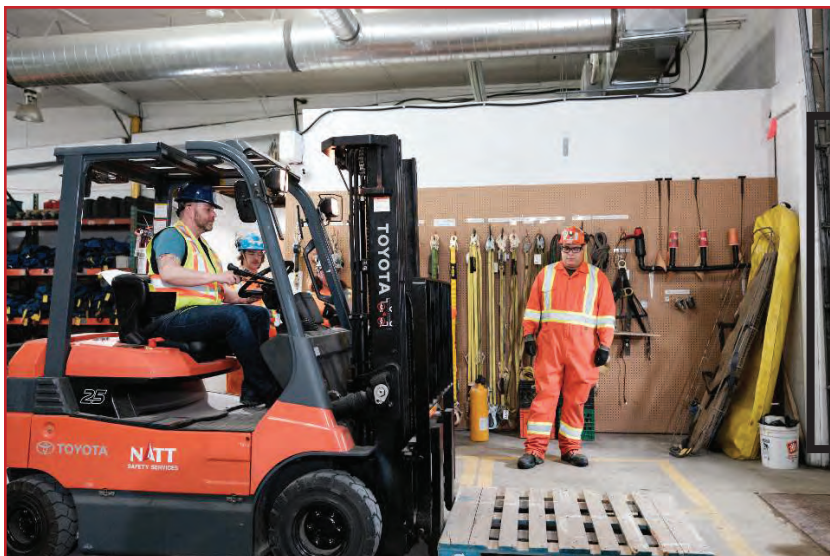
Successful participants of our First Aid training program will be better equipped to confidently and effectively respond and assist in an emergency situation.

## PPE REQUIREMENTS

- No PPE Required.

## LEGISLATION

According to Regulation 1101, all workplaces in Ontario covered by the Workplace Safety and Insurance Act (WSIA) must provide first aid training to their employees. Our First Aid training meets and exceeds the requirements of the governing body for first aid delivery organizations in the Province of Ontario. Updated June 2026 to reflect new CSA Z1210-24 standards.



# FORKLIFT TRAINING CLASS 1 TO 5

Forklift certification will teach participants how to identify specific health and safety hazards in the workplace associated with operating a powered industrial lift truck.

## ➔ Forklift Training Class 1 to 5

Many worksites will require practical, site- specific training (in addition to theory training) before a worker is certified to operate machinery.

### **DURATION**

3 hours theory + practical

### **COURSE TOPICS**

- Classroom training (3-4 Hours)
- Introduction
- Basic principles of a forklift operation
- Importance of a pre-operational check
- Safe operating procedures
- Proper load handling techniques
- Practical training (approx. 0.5-1 hour/participant depending on level of experience)

After 3 years – Expired – Full Course Required

### **WHO REQUIRES THIS TRAINING**

- Any person operating a forklift is required to have safety training and certification.
- Warehouse workers
- Truck drivers

### **COURSE BENEFITS**

Forklift certification will teach participants how to identify specific health and safety hazards in the workplace associated with operating a powered industrial lift truck. Our instructors can conduct the training at your location in order to customize the course to your facilities environment and safety issues. All training is done in full compliance of government standards including theory and practical training.

### **PPE REQUIREMENTS**

- Site Specific PPE, Work Boots (steel toe).

### **LEGISLATION**

CSA B335-15. The course provides participants a general understanding of the safe and efficient operation of an industrial powered fork truck, to help companies comply with OHSA regulations & CSA Standards.



# HAND TOOL SAFETY AND AWARENESS

The Hand Tool Safety and Awareness course will educate workers and create health and safety awareness while working with hand tools.

## ➔ Hand Tool Safety and Awareness

The Hand Tool Safety and Awareness course will cover the proper safety measures for both hand tools and power tools to educate workers and create health and safety awareness while working with hand tools.

### **DURATION**

1-2 hours

### **COURSE TOPICS**

- Introduction
- Two types of tools
- Tool selection, inspection, and maintenance
- Hazards of hand and power tools
- Musculoskeletal disorders
- Ergonomic solutions
- Safety procedures for hand and power tools
- Personal protective equipment

### **WHO REQUIRES THIS TRAINING**

- Joint health and safety committee (JHSC) members
- Health and safety representatives
- Supervisors and workers

### **COURSE BENEFITS**

Successful participants of our Hand Tool Safety and Awareness training program will gain essential knowledge to be informed and help prevent injuries caused by hand tool hazards.

### **PPE REQUIREMENTS**

- No PPE Required.

### **LEGISLATION**

Ontario's Occupational Health and Safety Act requires employers to provide information and instruction to workers to protect their health and safety including health and safety hazards posed by occupational hand tools.



# FIRE SAFETY & INDOOR FIRE EXTINGUISHER SIMULATOR

This training equips participants with the knowledge to successfully put out a fire.

## ➔ Fire Safety & Indoor Fire Extinguisher Simulator Training

This course equips participants with a basic understanding of fire safety and fire extinguishers. Participants will learn fire safety basics, including the combustion process and the different classes of fires. The course also covers the safe and effective use of fire extinguishers and will prepare you and your employees to successfully put out a fire, with indoor fire extinguisher simulator training.

### **DURATION**

1-2 hours

### **COURSE TOPICS**

- Combustion process
- Fire extinguisher types
- Risk assessment
- Evacuation
- Fire extinguisher maintenance and inspection
- Fire classes
- Fire emergency response (R.A.C.E.)
- Incipient stage and structural stage fires
- Fire extinguisher use (P.A.S.S.)

### **SIMULATOR TRAINING**

- The lasers simulate the discharge of actual fire extinguishers for a clean and safe training experience.
- The simulator senses participants actions and responds like a real fire.
- The flames will only subside and go out if the trainee uses the proper P.A.S.S. (Pull the extinguisher pin. Aim the nozzle low at the base of the fire. Squeeze the lever above the handle. Sweep the nozzle from side to side method.

### **WHO REQUIRES THIS TRAINING**

Any person who may be required to use a fire extinguisher.

### **COURSE BENEFITS**

This provides a safe, clean and effective solution to fire extinguisher training.

### **PPE REQUIREMENTS**

- No PPE Required.

### **LEGISLATION**

The Indoor Fire Extinguisher Simulator training meets OSHA and ISO 14001 fire safety training requirements.



# LADDER SAFETY TRAINING

This Ladder Safety Training course helps personnel understand proper ladder selection and safe usage of ladders.

## ➔ Ladder Safety Training

Employers are required by Ontario's Occupational Health and Safety Act (OHSA) to take every reasonable precaution to protect workers from hazards, including those hazards related to ladders.

### **DURATION**

1 hours

### **COURSE TOPICS - THEORY**

- The CSA and Ontario Ministry of Labour standards
- The material composition of ladders, types and safe usage
- How to select and perform ladder inspection
- How to review ladder use and inspection checklist
- How to cover the four steps of the ladder safety guide

### **WHO REQUIRES THIS TRAINING**

Any workers or employers who are working around or with ladders

### **COURSE BENEFITS**

Successful participants of the Ladder Safety course will have the knowledge to work safely on ladders in the workplace.

### **PPE REQUIREMENTS**

- No PPE Required.

### **LEGISLATION**

Employers' obligations under the Occupational Health and Safety Act (OHSA) and the Construction Projects Regulation include, but are not limited to:

- Ensuring workers are adequately trained in the use of fall protection systems at Ontario construction sites [O. Reg. 213/91, section 26.2]
- Appointing a competent person as a supervisor [OHSA clause 25(2)(c)]
- Taking every precaution reasonable in the circumstances for the protection of a worker [OHSA clause 25(2)(h)].



# OVERHEAD CRANE

This course equips participants with a basic understanding of industry regulations and standards when working with overhead cranes.

## → Overhead Crane

Many worksites will require practical, site-specific training (in addition to theory training) before a worker is certified to operate machinery. NATT Safety suggests that participants take a valid Basics of Rigging Fundamentals course prior to taking Overhead Crane.

### **DURATION**

4 hours theory + practical

### **COURSE TOPICS**

- Legislation
- Crane types & components
- Inspection
- Overhead crane signals
- Controls
- Operating procedures
- Planning a lift

### **WHO REQUIRES THIS TRAINING**

Any person operating an overhead crane.

### **COURSE BENEFITS**

NATT Safety Services' Overhead Crane Training program covers safety protocols for workers required to operate an overhead crane.

### **PPE REQUIREMENTS**

- Site specific PPE, Gloves, Safety Glasses, Steel Toe Boots, Hi-Vis Work vest or Coveralls.

### **LEGISLATION**

B167.16 - Overhead cranes, gantry cranes, monorails, hoists, and jib cranes.

4.1.4 - The crane or hoist owner shall be ultimately responsible for the policies, procedures, and personnel related to the use and maintenance of this equipment, including

- a) Orientation;
- b) Training;
- c) Occupational health and safety;



# OVERHEAD CRANE

- d) Protocols for testing, inspections, maintenance, and monitoring, including timings;
- e) Risk assessment; and
- f) Emergency management.

Note: Within the scope of these responsibilities, the owner may delegate individuals, departments, or third party firms to carry out defined functions and activities on his or her behalf.

Overhead Crane Training is required by Occupational Health and Safety. OHS Regulations state that any worker who is required to operate an overhead crane is trained in its safe use. The course curriculum reviews applicable requirements under the Construction Regulation 213/91 and the Occupational Health and Safety Act and Ontario R.R.O 1990, Regulation 854 Mines and Mining Plants.

## QUESTIONS?

**Contact us for more information**

**1-866-244-3334**





# MOBILE ELEVATED WORK PLATFORM

Any person operating an aerial lift or power elevated work platform is required to have safety training and certification. NATT Safety Services' program covers safety protocols for workers required to operate aerial lifts.

## ➔ Mobile Elevated Work Platform

Many worksites will require practical, site-specific training (in addition to theory training) before a worker is certified to operate machinery.

### **DURATION**

4 hours theory + practical

### **COURSE TOPICS**

- OHSA Regulations
- Different types of elevating work platforms
- Fall protection requirements
- Equipment inspection, care and maintenance
- Safe operating practices
- Operator responsibilities
- Centre of gravity and tipping
- Control mechanisms
- Ground control, barricading, and electrical awareness
- Written exam
- Practical evaluation

Participants must achieve a minimum 80% on written exam to pass.

### **WHO REQUIRES THIS TRAINING**

- Any person operating an aerial lift or power elevated work platform is required to have safety training and certification.
- \*\*Pre-requisite for this training is Working at Heights training or Fall Arrest training.

### **COURSE BENEFITS**

NATT Safety Services' program covers safety protocols for workers required to operate elevated work platforms. Many worksites will require practical, site specific training (in addition to theory training) before a worker is certified to operate machinery.

### **PPE REQUIREMENTS**

- Site Specific PPE, Hard Hat, Full Body Harness, Work Boots (steel toe).



# MOBILE ELEVATED WORK PLATFORM

## LEGISLATION

CSA Standards B354.1-04, B354.2 and B354.4. The operation of any aerial platform is subject to certain hazards that can only be protected against by having competent, careful personnel trained in the intended use, safe operation, maintenance, and servicing of this type of equipment.

Employers' obligations under the Occupational Health and Safety Act (OHSA) and the Construction Projects Regulation include ensuring workers are adequately trained in the use of fall protection systems at Ontario construction sites [O. Reg. 213/91, section 26.2].

# QUESTIONS?

**Contact us for more information**

**1-866-244-3334**





# PROPANE SAFETY TRAINING

This 1 day training program can be conducted at your site. This is a TSSA approved training course.

## → Propane Safety Training

### **DURATION**

1 day

### **COURSE TOPICS**

- Introduction, legislation and codes
- Product knowledge, hazards of propane
- Propane cylinders, storage and handling
- Transporting and installing propane cylinders
- CH-02 certificate construction heaters & torches and equipment (Thompson Steamer)
- Practical demonstration and individual evaluation (with equipment)
- CH-02-T propane connection & use of propane torches. Torches, regulators and hoses
- Practical demonstration and individual evaluation
- CH-02-C propane connection & use of construction heater. Heater, regulators and hoses
- Practical demonstration and individual evaluation
- + certificate specific demonstration and evaluation

### **COURSE BENEFITS**

There are theory and practical components to demonstrate competence. The practical duration is dependent on the number of participants, their experience levels and the number of pieces equipment that they need to be certified on. A passing grade of 75% is required in order to receive a ROT certificate. The certificate is valid for 3 years. Upon successful completion of this propane safety training course, participants will receive a certificate and will receive an electronic certificate.

### **PPE REQUIREMENTS**

- No PPE Required.



# RESPECT IN THE WORKPLACE

In Ontario, the Ministry of Labour has seen an increase of more than 100% in workplace harassment complaints since Bill 132: The Sexual Violence and Harassment Action Plan Act came into force in September 2016. It is imperative that Ontarians understand, identify, investigate and take action against workplace violence, harassment, and sexual harassment.

## ➔ **Respect in the Workplace: Workplace Violence and Harassment Training**

Workers, supervisors and employers have rights and duties set out by Ontario's Occupational Health and Safety Act (OHSA) concerning workplace violence and harassment. This course will provide participants with the knowledge and skills needed to prevent and address violence and harassment in the workplace.

### **DURATION**

1-2 hours

### **COURSE TOPICS**

- Definitions of workplace violence, workplace harassment and workplace sexual harassment
- Consequences of violating the Human Rights Code, OHSA and the Criminal Code
- Steps to follow if you observe and/or experience harassment or violence in the workplace
- Workplace policies and programs
- Warning signs
- Prevention
- Case studies

### **WHO REQUIRES THIS TRAINING**

This training is for any employees who have not completed a workplace violence and harassment training.

### **COURSE BENEFITS**

This training equips participants with the knowledge of workplace violence, harassment and workplace sexual harassment.

### **PPE REQUIREMENTS**

- No PPE Required.

### **LEGISLATION**

Employers are required by the Canadian Human Rights commission and Canada Labour Code to develop their own harassment policies and provide anti harassment, bullying and discrimination training. Occupational Health and Safety Act, R.S.O. 1990, c. O.1



# CLASS 7 FORKLIFT TRAINING

By the end of the training course, learners will learn how to identify specific health and safety hazards in the workplace associated with operating a powered industrial/construction lift truck.

## ➔ Class 7 Forklift (Telehandler/Rough Terrain) Training

Many worksites will require practical, site-specific training (in addition to theory training) before a worker is certified to operate machinery.

### **DURATION**

4 hours theory + practical

### **COURSE TOPICS**

- Introduction & types
- Legislation
- Pre-operational inspection
- Periodic inspection requirements
- Hazards & precautions
- Stability & load charts
- Hand signals
- Forklift operation
- Load handling

### **WHO REQUIRES THIS TRAINING**

For any employees required to operate a class 7 forklift.

### **COURSE BENEFITS**

This training course is designed to help you develop the competency needed to operate your Class 7 forklift safely.

### **PPE REQUIREMENTS**

- Site specific PPE, Gloves, Safety Glasses, Steel Toe Boots, Hi-Vis Work vest or Coveralls.

### **LEGISLATION**

The program is designed using the CSA B335-04 Safety Standard for Lift Trucks, the Ontario Regulation 851 for Industrial Establishments program is designed using the CSA B335-04 Safety Standard for Lift Trucks, the Ontario Regulation 851 for Industrial Establishments and the Ontario Regulation 213/91 Construction Projects.



# TRAFFIC CONTROL PERSON

This course has been developed for workers that require the knowledge and skill to safely and competently perform the role of a Traffic Control Person.

## → Traffic Control Person

This course has been developed for workers that require the knowledge and skills to safely and competently perform the role of a Traffic Control Person.

### **DURATION**

1-1.5 hours

### **COURSE TOPICS**

- Training requirements
- Traffic control person qualifications
- Legislation
- Roles and responsibilities of workers and supervisors
- Hazards of traffic control
- Personal protection equipment (PPE)
- Job preparation
- Stop/slow signs and hand signals
- Location and positioning
- Traffic control person authority
- Communication requirements

### **WHO REQUIRES THIS TRAINING**

This training is for workers who are to perform Traffic Control Person duties.

### **COURSE BENEFITS**

Successful participants will receive a certificate of completion and the knowledge necessary to safely and competently perform the role of a Traffic Control Person.

### **PPE REQUIREMENTS**

- No PPE Required.



# TRANSPORTATION OF DANGEROUS GOODS

This up-to-date course meets all of Transport Canada's training requirements under the TDG Regulations and is designed to provide focused comprehensive training in the principles and intent of the act.

## ➔ Transportation of Dangerous Goods

### **DURATION**

2 hours

### **COURSE TOPICS**

- Training classification
- Preparation of documents such as shipping papers
- Using dangerous goods safety marks to communicate hazards that the product may pose to the public or the environment
- Selection of appropriate containment (packaging)
- Emergency response assistance plans (ERAP) if required
- Reporting incidents

### **WHO REQUIRES THIS TRAINING**

- This course is mandatory for anyone handling, offering for transport, or transporting dangerous goods, from drivers, to shippers, to management
- You must be re-certified every 3 years and you must be retrained at every change of employer

### **COURSE BENEFITS**

This up-to-date course meets all of Transport Canada's training requirements under the TDG Regulations and is designed to provide focused comprehensive training in the principles and intent of the act. This program can be readily 'customized' according to the needs and type of business of the client.

### **PPE REQUIREMENTS**

- No PPE Required.

### **LEGISLATION**

This up-to-date course meets all of Transport Canada's training requirements under the TDG Regulations and is designed to provide focused comprehensive training in the principles and intent of the act.



# TRENCHING HAZARD TRAINING

The ASERT Program has proven itself to be a crucial part in maintaining safety standards as well as increasing awareness on Fire and Spills safety through out many different industries.

## → Trenching Hazard Training

Construction work is dangerous-and work involving trenching and excavating activities tends to be the most hazardous in the industry. Yet, we see trenching and excavating work going on all around us. Excavations are needed for the installation and repair of utility lines, replacement of water and sewer lines, swimming pool construction, even grave digging. Excavation projects vary considerably, each with its own set of unique problems. This 1/2 day program is primarily for firms that excavate deeper than 1.2 metres (4 ft.). Proper trenching operations are necessary to protect the workers from soil collapse. The basic trenching operations that help make a trench safe for workers are described and illustrated. The methods of shoring installation are also discussed briefly. This document is not intended to be used as a step-by-step guideline in the excavation process.

### **DURATION**

1/2 day

### **COURSE TOPICS**

- Personal protective equipment
- Review of legislation
- Emergency work
- Determining soil types
- Approved shoring/trenching boxes
- Public safety
- Locates
- Underground hazards
- Work area protection

### **WHO REQUIRES THIS TRAINING**

This program will benefit workers and supervisors. Emphasis is placed on identifying hazards, soil types, legislation, and emergency work.

### **PPE REQUIREMENTS**

- No PPE Required.



# WHMIS

WHMIS is a national system to identify workplace hazardous material and provide safety information pertaining to them. Workers have the right to know and understand. Employers and suppliers must: Ensure proper labeling of hazardous materials, provide Materials Safety Data Sheets (MSDS) on hazardous materials, provide worker education and training.

## → WHMIS

Upon completion of WHMIS training, participants will be able to:

- Identify the summary of changes in 2022
- Understand responsibilities for suppliers, employers, and workers and who must comply with revisions
- Review specifics of what has changed between 2015 to 2022
- Understand the essential role WHMIS plays in protecting the health and safety of workers
- Identify the WHMIS responsibilities of suppliers, employers, and workers
- Know the workplace requirements related to the use of supplier labels and workplace labels, and how to locate and interpret the information found on these labels
- Recognize the WHMIS pictograms and the types of hazard each represents
- Recognize the Safety Data Sheet (SDS) as a source of comprehensive information about a hazardous chemical in the workplace and know how to locate various types of information when reading an SDS
- Identify the WHMIS exemptions for suppliers and importers
- Know general safe work practices that should be followed when working with hazardous products

### **DURATION**

Classroom training: 1.5 hours

### **COURSE TOPICS**

- Overview of WHMIS
- Overview of hazard groups and classes
- Labels
- Physical hazards
- Health hazards
- Safety data sheets (SDSs)

### **WHO REQUIRES THIS TRAINING**

All workers, supervisors and employers.



# WHMIS

## COURSE BENEFITS

Every worker who works with, or in proximity to, a hazardous product in the workplace must have Workplace Hazardous Materials Information System (WHMIS) training. Employers must also provide workplace-specific WHMIS training and instruction for each of the hazardous products in the workplace.

## PPE REQUIREMENTS

- No PPE Required.

## LEGISLATION

Our WHMIS training program covers Ontario's WHMIS requirements under the Occupational Health and Safety Act and Regulation 860.

# QUESTIONS?

**Contact us for more information**

**1-866-244-3334**





# YOUNG AND NEW WORKERS AWARENESS

The purpose of this program is to convey health and safety information to young and new workers entering the workforce for the first time so that they will be aware of their rights and responsibilities, as well as those of their employers.

## → Young and New Workers Awareness

The goal of the program is the prevention of workplace injuries and illness by providing young and new workers with the knowledge they need to protect themselves and their coworkers.

### **DURATION**

1 hour

### **COURSE TOPICS**

- Introduction
- Laws and regulations
- Rights and responsibilities
- Types of training
- Personal protective equipment
- Workplace injury
- Workplace hazards
- Identifying hazards
- Communication
- Surviving in the workplace

### **WHO REQUIRES THIS TRAINING**

This training for any employees who are young workers under the age of 25, or workers who are new to the job.

### **COURSE BENEFITS**

This training equips participants with the knowledge of PPE, workplace hazards and safety in the workplace.

### **PPE REQUIREMENTS**

- No PPE Required.

### **LEGISLATION**

The Young Workers Awareness Training covers the Occupational Health and Safety Act, R.S.O. 1990, c. O.1 regulations.

# TRUCK TRAINING

Northern Academy specializes in transportation training. Visit our online training academy course catalogue for all your training requirements. If we don't have a course that you are looking for let us know and we will find it and implement it into our curriculum.

Northern Academy has been in business for 25 years. We are registered as a career college under the Ontario Career Colleges Act, 2005.

Northern Academy of Transportation Training provides you with the necessary training to succeed in a career in transportation and construction.



## QUESTIONS?

**Contact us for more information**

**1-866-244-3334**



# AZ PROGRAM

## → AZ Program

This program includes all mandatory objectives set forth in the Ministry of Transportation’s Commercial Truck Driver Training Standard (Class A), released July 2016, plus additional objectives that exceeds the minimum standard.

### DURATION

Classroom training: 1 week plus Practical training: 5 weeks

### COURSE TOPICS

- Employment in the commercial vehicle industry
- Basic driving techniques
- Tractor-trailer off-road tasks and manoeuvres
- Vehicle inspection activities
- Cargo securement
- Real world scenarios
- Recruiting/employment preparation
- Transportation review
- Vehicle components & systems
- Professional driving habits
- Documents, paperwork and regulatory requirements
- Hours of service compliance
- Handling emergencies
- Fuel efficiency
- Air brake

### ADMISSION REQUIREMENTS

- Must be 18 years of age or older
- Must have minimum Grade 10 English (or equivalent)
- Must hold a valid Ontario Class G license or higher
- MTO medical that meets the vision, hearing and medical requirements for a class A licence
- Drivers abstract

### COURSE BENEFITS

This AZ Program includes both classroom and practical training. The hands-on training takes place in the yard and on the road using a tractor-trailer, while under the instruction of a qualified trainer. The Truck Training Schools Association of Ontario (TTSAO) Airbrake Course is included with this program, consisting of 12 hours of training and then practical testing all done on site.

We pride ourselves on the success of our students and each of our students will be signed up for the Ontario Apprenticeship Program. We have a 98% employment rate with our students.



# TRACTOR TRAILER MELT

## → Tractor Trailer MELT

This program includes all mandatory objectives set forth in the Ministry of Transportation's Commercial Truck Driver Training Standard (Class A), released July 2016.

### DURATION

103.5 hours. Theory: 1 week + Practical: 3 weeks

### COURSE TOPICS

- Employment in the commercial vehicle industry
- Vehicle components & systems
- Basic driving techniques
- Professional driving habits
- Tractor-trailer off-road tasks and manoeuvres
- Documents, paperwork and regulatory requirements
- Vehicle inspection activities
- Hours of service compliance
- Cargo securement
- Handling emergencies

### ADMISSION REQUIREMENTS

- Must be 18 years of age or older
- Must have minimum Grade 10 English (or equivalent)
- Must hold a valid Ontario Class G license or higher
- MTO medical that meets the vision, hearing and medical requirements for a class A licence
- Drivers abstract

# QUESTIONS?

**Contact us for more information**

**1-866-244-3334**





# DZ DRIVER INSTRUCTION COURSE

Learn how to drive a straight truck and earn your Ontario DZ Driver Training Course in a program designed by experienced trucking professionals. Graduates of this program will understand how to comply with the regulatory issues related to the industry and will have acquired the necessary driving skills to operate a straight truck in today's heavy traffic environment.

## → DZ Driver Instruction Course

After successful completion of the interview and before beginning the 2-week program, students must complete the following: based upon Ministry of Transport of Ontario requirements, the applying student must: provide a satisfactory medical certificate in accordance with MTO regulations, meet vision standards, obtain a current statement of driving record (abstract). (We recommend a maximum of 5 or less accumulated demerit points).

### DURATION

58 hours

- A minimum of forty (40) hours instructor led virtual classroom theory (this will include air brake, dangerous goods, hours of service, defensive driving and trip planning instructor led courses).
- A minimum of eighteen (18) hours behind the wheel.

### COURSE TOPICS

- |                                       |                                                                            |
|---------------------------------------|----------------------------------------------------------------------------|
| • Shifting                            | • Control maneuvers (i.e. steering, braking, acceleration and turns)       |
| • Vehicle inspection                  | • Safe operating practices (i.e. personal injury prevention, etc.)         |
| • Backing                             | • Interaction between trainee, vehicle and the highway traffic environment |
| • Visual search and hazard perception | • Communication                                                            |
| • Space management                    | • Speed management                                                         |

### COURSE BENEFITS

Graduates of this program will understand how to comply with the regulatory issues related to the industry and will have acquired the necessary driving skills to operate a straight truck in today's heavy traffic environment.

### ADMISSION REQUIREMENTS

- 18 yrs of age or older
- Grade 10 English or TTSAO admissions test (equivalency)
- Valid Class G Licence
- Knowledge verification of rules of the road and signs
- Completed and approved MTO medical



# DZ DRIVER TRAINING FAST TRACK

1 day of Truck Training + use of truck for the road test

## ➔ DZ Driver Training Fast Track

### **DURATION**

1 day of Truck Training & use of truck for the road test. The TTSAO (Truck Training Schools Association of Ontario) Airbrake Course is included with this program, consisting of 12 hours of training and then practical testing all done on site.

### **COURSE TOPICS**

- Shifting
- Control maneuvers (i.e. steering, braking, acceleration and turns)
- Safe operating practices (i.e. personal injury prevention, etc.)
- Vehicle inspection
- Backing
- Interaction between trainee, vehicle and the highway traffic environment
- Visual search and hazard perception

### **ADMISSION REQUIREMENTS**

The following is what you will need to do in order to enter into NATT Corporate DZ Program.

- Complete an MTO medical
- Successfully pass the written 'D' portion at the Drive Test Centre
- Complete the TTSAO 12 hour Air Brake Course with NATT
- Email [admissions@nattgroup.ca](mailto:admissions@nattgroup.ca) with D paperwork and we will book the road test for you
- One day of training plus road test. A log book / hours of service overview will be done during the training to ensure trainee has an understanding of the rules



# DUMP TRUCK TRAINING

Training includes theory, practical, air brake and road test.

## → Dump Truck Training

### DURATION

Training includes theory, practical, air brake and road test.

### COURSE TOPICS

- Introduction
- Anatomy
- Stability
- Operations
- Hazards
- Conclusion

Upon successful completion of this course, a certificate of completion will be available for download and printing. Practical training is completed on a tandem with manual transmission.

# QUESTIONS?

**Contact us for more information**

**1-866-244-3334**





# TTSOA AIR BRAKE COURSE

## → TTSOA Air Brake Course

An on-site working TTSOA Z Airbrake Board will teach Air Brake component names and assist with steps to prepare for Practical Air Exam.

### **DURATION**

Classroom training: 12 hours over 2 days

### **COURSE TOPICS**

A valid “Z” endorsement is required to operate any vehicle equipped with air brakes in the province of Ontario. This would include large motor homes, and other RV’s.

This MTO-approved air brake course is both fun and informative where you can earn your Z-endorsement over a 2-day period. **Day 1** begins at 8:00 a.m. SHARP and goes to about 4:30 p.m. We use our in-class air brake board and learning tools as well as practical training at our truck. **Day 2** begins at 8:00 a.m.; written and practical testing will be done on day 2. Upon successful completion of the written and practical exams you simply go to a Drive Test Centre (after 48 hours but within 6 months) to have the Z-endorsement added to your licence. You **MUST** get your Z-endorsement applied to your driver’s licence within 6 months of taking this course. If you are doing a road test in a vehicle equipped with air brakes you must have the Z-endorsement on your licence at the time of testing.

### **ADMISSION REQUIREMENTS**

Minimum full “G” licence. Payment in full is required by cash, debit or credit. A clear copy of your driver’s licence is also required to register.

### **COURSE BENEFITS**

Successful participants will obtain a license to operate any vehicle equipped with air brakes in Ontario.

# QUESTIONS?

**Contact us for more information**

**1-866-244-3334**





# TRANSPORTATION AND CONSTRUCTION EXPRESS

This program includes all mandatory objectives set forth in the Ministry of Transportation's Commercial Truck Driver Training Standard (Class A), released July 2016 (103.5hrs), plus additional objectives that include Backhoe Loader Operation.

## → Transportation and Construction Express

This program includes both classroom and practical training. The hands-on training takes place in the yard and on the road, while under the instruction of a qualified trainer. Students will also engage in various classroom activities to help prepare for a career as a professional driver.

### **DURATION**

167.5 hours over 6 weeks

### **COURSE TOPICS**

- Backhoe loader theory (16 hours)
- Backhoe loader operations (40 hours)
- Forklift training (8 hours)
- AZ melt (103.5 hours)
- Employment in the commercial vehicle industry
- Vehicle components and systems
- Basic driving techniques
- Professional driving habits
- Documents, paperwork and regulatory requirements
- Vehicle inspection activities
- Hours of service compliance
- Cargo securement and loss prevention
- Handling emergencies

### **ADMISSION REQUIREMENTS**

Must be 18 years of age or older, must have minimum Grade 10 English (or TTSAO Admissions Test), Must hold a Valid Ontario full Class G Licence, MTO medical that meets the vision, hearing and medical requirements for a class A licence, drivers abstract.



# DEFENSIVE DRIVING

## → Defensive Driving

This is not just another Defensive Driving Training course, but one that provides factual and specific information for a greater understanding of vehicle safety and driving.

### **DURATION**

2 hours

### **COURSE TOPICS**

- Driver's blind spots, safe following distances and mirror adjustments
- Railroad crossings, pedestrian courtesy and safety, vehicle condition and maintenance
- Seat belt safety
- Road condition and sharing the road are important topics discussed in this program
- Dangers of drowsy driving
- How aging affects driving
- Sharing the road with trucks and smaller vehicles
- Driving the speed limit
- Road rage and how to prevent it
- Drinking and driving
- Hydroplaning
- What to do in case of an accident
- Distracted driving
- Review/quiz

No driving course would be complete without mentioning the dangers of cell phones, iPods and texting.

### **CUSTOMIZED TRAINING**

Let us customize a training program for you: Customized training to meet the needs of your staff, your equipment, your location and working environment. Comprehensive training in our facility or onsite at your location.

### **COURSE BENEFITS**

Participants of the Defensive Driving course will have a better understanding of road safety, vehicle safety and driving.



# HOURS OF SERVICE

Hours of Service have long been a topic of confusion and contention for truck drivers. The NATT trainers bring clarity to this subject that often causes significant financial and legal burden to the non-compliant driver or company. This program is an excellent topic for Driver/H & S Meetings. All drivers and companies must ensure that they are compliant and consistent with respect of MTO's zero tolerance/road check programs.

## → Hours of Service

Count on NATT to have the definitive hours of service training program available once the new Canadian Legislation takes effect. Hours of Service training is offered every six weeks at the Northern Academy training facility and upon request for all on-site training.

### **DURATION**

Classroom training: 4 hours

### **COURSE TOPICS**

- Responsibilities
- Driver activities
- Regulations

### **COURSE BENEFITS**

The Hours of Service program will help ensure that participants are compliant and consistent with respect of MTO's zero tolerance/road check programs.

# QUESTIONS?

**Contact us for more information**

**1-866-244-3334**





# ACCIDENT INVESTIGATION

## ➔ Accident Investigation

This Accident Investigations Training course was designed to ensure employees involved in investigating accidents know what needs to be done, what their responsibilities are and how to use the investigation process as a tool to prevent future accidents.

### **DURATION**

Classroom training: 8 hours

### **COURSE TOPICS**

- Identify the need to investigate accidents
- The legal requirements affecting accident investigation
- Emergency response and reporting
- Why accidents happen
- The process leading to an accident
- How to plan for an effective investigation
- Steps involved in conducting an effective investigation
- How to analyze the information gathered
- Ways to develop and implement solutions
- How to prepare the final accident report

### **COURSE BENEFITS**

The Accident Investigations course was designed to ensure employees involved in investigating accidents know what needs to be done, what their responsibilities are and how to use the investigation process as a tool to prevent future accidents.

# QUESTIONS?

**Contact us for more information**

**1-866-244-3334**





# PRE-TRIP INSPECTION

This comprehensive program defines ‘best practices’ in the industry. The training session is designed to give candidates a thorough, detailed knowledge of how to conduct a proper pre-trip and post-trip inspection.

## ➔ Pre-Trip Inspection

This Pre-Trip Inspection Training course is critical for compliance with MTO’s zero tolerance inspection mandate.

### **DURATION**

Classroom training: 4 hours

### **COURSE TOPICS**

Complete air brake diagnostics with mark and measure of push rod travel.

### **COURSE BENEFITS**

This comprehensive program defines ‘best practices’ in the industry. The training session is designed to give candidates a thorough, detailed knowledge of how to conduct a proper pre-trip and post-trip inspection. This course is critical for compliance with MTO’s zero tolerance inspection mandate.

QUESTIONS?

Contact us for more information

**1-866-244-3334**





# DRIVER SAFETY MEETING

Northern Academy of Transportation Training consultants have developed a Driver Safety Meeting Consultation & Training program to assist small to medium sized transportation companies in maintaining consistent, informative and thorough Driver Safety Meetings.

## → Driver Safety Meeting

This training will assist small to medium sized transportation companies in maintaining consistent, informative and thorough Driver Safety Meetings.

### **DURATION**

Duration is dependent on the specific organizations training needs.

### **COURSE TOPICS**

Your company's Driver Safety Meeting Program will be customized to your company and drivers' needs. After thorough research and needs analysis, our NATT experts will develop a program that addresses the immediate driver safety issues and execute success strategies. After a regular routine checklist and tracking program have been developed, the NATT team will resolve and address all safety concerns and issues.

### **COURSE BENEFITS**

Our NATT instructors can deliver high-impact driver safety meetings at a level consistent with larger transportation companies.

# QUESTIONS?

**Contact us for more information**

**1-866-244-3334**





# PRE-HIRE EVALUATION

The concept of 'Due Diligence' is defined as an operator must take every precaution reasonable in the circumstances to protect the safety and health of their workers, customers and the general public. In turn the need for better standards of health and safety has been matched by an increasing requirement for documentation of commercial vehicle driver operations and activities.

## → Pre-Hire Evaluation

The need for better standards of health and safety has been matched by an increasing requirement for documentation of commercial vehicle driver operations and activities.

### **DURATION**

Classroom training: 2 hours

### **COURSE TOPICS**

Although professional drivers may be experienced, pre-employment road tests are recommended to ensure the potential candidate demonstrates the required skills and abilities to operate your company's equipment in a safe and professional manner. The road test will consist of a pre-trip inspection, including:

- Coupling/uncoupling procedures
- Evaluation of the client's overall driving skills.
- Observing road management, shifting, mirror usage and backing skills

A Record of Road Test Form will be completed with our recommendation to either 'pass' or 'fail' the driver. An explanation will be included in addition to recommendations for improvement.

### **COURSE BENEFITS**

Pre-employment road tests are recommended to ensure the potential candidate demonstrates the required skills and abilities to operate your company's equipment in a safe and professional manner.

# QUESTIONS?

**Contact us for more information**

**1-866-244-3334**



# PROFESSIONAL DRIVER IMPROVEMENT

## → Professional Driver Improvement

PDIC helps professional drivers improve their defensive driving techniques. The Professional Driver Improvement course instructors will show your drivers how to avoid potentially dangerous situations using theory and visual aids.

### DURATION

4 hours

### COURSE TOPICS

As an employer, you already have a large investment in you drivers, and this course will help them to:

- Prevent collisions
- Reduce vehicle abuse
- Prevent injuries
- Minimize operating costs
- Deliver cargo safely and on-time
- Maintain good driving habits

### COURSE BENEFITS

Benefits to your company:

- Reduces operating costs
- Reduces collisions
- Reduces sick leave, insurance and other benefit payments related to traffic collisions
- Reduces vehicle abuse and maintenance costs
- Increases customer satisfaction with on-time deliveries and undamaged product
- Increase morale

# QUESTIONS?

Contact us for more information

**1-866-244-3334**





# LOAD SECUREMENT

## → Load Securement

This course will cover the Standards required under the National Safety Code (NSC) Standard #10 for Canada and the Code of Federal Regulations CFR 49 for the United States.

### **DURATION**

Classroom training: 8 hours

### **COURSE TOPICS**

- Load security
- Preparing cargo for transportation
- Vehicle requirements both van and flat decks
- Cargo tie downs
- Enforcement and compliance

### **COURSE BENEFITS**

Participants of the course will learn the standards and codes for load securement in Canada and the United States.

# QUESTIONS?

**Contact us for more information**

**1-866-244-3334**





# CLASS

F

Regular Bus – Maximum 24 passenger capacity and ambulances. Written test must be completed at the DriveTest Level prior to registering for the Class F program. Contact us for materials to assist in writing the exam.

## → Class F

Our Class F program prepares participants for a Regular Bus – Maximum 24 passenger capacity and ambulances.

### **DURATION**

6 hours + road test

### **COURSE TOPICS**

- 1 vehicle inspection lesson - 2 hours
- 1 driving lesson - 2 hours
- 1 road test preparation lesson (to take place before road test) - 2 hours

Vehicle provided for road test. In the case of a failed road test, a charge of \$85/hr will be applied to additional training hours and use of a vehicle for a re-test (min. of 2hrs).

# QUESTIONS?

**Contact us for more information**

**1-866-244-3334**

# CONFINED SPACE

## RESCUE TEAMS



### Do you know how our rescue teams are trained?

With internal training and a bi-annual recertification of both our Confined Space Rescuers and Confined Space Attendants, *Natt can control the quality of rescue teams that are coming on site.*

**Beyond Confined Space Rescue and Attendant training, our teams are also trained on the following courses:**

- Confined Space Entry & Awareness
- Working at Heights
- Standard First Aid (all rescuers, most attendants)
- WHMIS
- Ministry of Labour - 4 Step
- AODA
- Lock-Out

### Our 1-Day Confined Space Attendant Training Includes:

- Legislation, regulations and standards
- Confined space permits
- Principles of air monitoring

**Our 3-Day Confined Space Rescue Technician training meets and exceeds the NFPA standards. Participants are trained in one of our in-house confined space simulators.**

The course includes topics such as:

- Regulations, legislation and standards
- First aid refresher, including mobilization and transportation techniques
- Safety principles
- Roles and responsibilities
- Secondary/back-up planning and execution
- Incident command
- IDLH (immediately dangerous to life or health)
- SCBA Donning and Doffing
- Equipment set-up, anchorage planning, maintenance and inspection
- Post fall rescue, suspension trauma
- Onsite emergency situations and events
- Mock rescue scenarios (approximately 20 scenarios throughout the course.)
- NFPA standards

If your job site needs reliable confined space rescue coverage, contact Natt Safety Services to book a fully equipped, professionally trained rescue team.

# [www.nattsafety.com](http://www.nattsafety.com)



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[info@nattpersonnelsolutions.ca](mailto:info@nattpersonnelsolutions.ca)

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**Power Up Your Workforce  
With Natt Personnel Solutions**

# DESIGN YOUR IDEAL JOB READINESS PROGRAM



|                                                               |                            |
|---------------------------------------------------------------|----------------------------|
| Accessibility for Ontarians with Disabilities Act (AODA)..... | 1 hour                     |
| AZ Driving Program .....                                      | 6 weeks                    |
| Confined Space Entry & Awareness.....                         | 2 hours                    |
| Cultural Awareness Training.....                              | 1 day                      |
| Fire Extinguisher .....                                       | 1-2 hours                  |
| Fire Watch .....                                              | 1-2 hours                  |
| Fit for Duty .....                                            | 1 hour                     |
| Fit Test .....                                                | 20 minutes                 |
| Forklift .....                                                | 3 hours theory + practical |
| Heavy Equipment.....                                          | 5 weeks                    |
| Importance of Indigenous in Construction .....                | 1 day                      |
| Ministry of Labour in 4 Steps .....                           | 1 hour                     |
| Mobile Elevated Work Platform .....                           | 4 hours theory + practical |
| Standard First Aid and CPR .....                              | 2 days                     |
| Traffic Control .....                                         | 4 hours                    |
| Trenching Hazard.....                                         | 4 hours                    |
| Understanding Safety Culture.....                             | 1 day                      |
| WHMIS .....                                                   | 1.5 hours                  |
| Working at Heights .....                                      | 4 hours theory + practical |
| Young and New Workers Awareness.....                          | 1 hour                     |

**Mix and match training to create your own program based on your needs.**

Contact Sam for details.

1-866-244-3334 • [sclarke@nattgroup.com](mailto:sclarke@nattgroup.com)



**[www.nattsafety.com](http://www.nattsafety.com)**



## LOCATIONS

98 Fielding Rd., Lively ~ **1-866-244-3334**  
 117 White Oak Dr. E., Sault Ste. Marie ~ **(249) 889-6160**  
 54 Cedar Pointe Dr., Unit 1207, Barrie ~ **(705) 881-9019**  
 1950 Mounddale Ave., Thunder Bay ~ **1-866-244-3334**  
 Unit 1, 3524 Coons Rd., Brockville ~ **(613) 739-9455**  
 1657 Riverside Dr., Timmins ~ **(705) 269-0401**  
 2501 Rutherford Rd., Unit 22, Vaughan ~ **(416) 231-3752**

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**CANADIAN COUNCIL FOR  
INDIGENOUS  
BUSINESS**



## **TRAINING / SERVICES**

24/7 Confined Space Rescue Services

Rescue Plan Development

Safety Consulting

Safety Staffing (Safety Coordinators)

Safety & Training Management

Training Development

Corporate Orientations

Shutdown Specialists

Respirator Fit Testing

**[www.nattsafety.com](http://www.nattsafety.com)**

## HEAD OFFICE • LIVELY

98 Fielding Road  
Lively, Ontario  
1.866.244.3334

## BARRIE

54 Cedar Pointe Drive. Unit 1207  
Barrie, Ontario  
1.866.244.334

## BROCKVILLE

3524 Coons Road. Unit 1  
Elizabeth Town, Ontario  
1.888.294.1943

## SAULT STE. MARIE

117 White Oak Drive, East  
Sault Ste. Marie, Ontario  
249.889.6160

## THUNDER BAY

1950 Mountdale Avenue  
Thunder Bay, Ontario  
1.807.235.9040

## TIMMINS

1657 Riverside Drive  
Timmins, Ontario  
1.866.244.3334

## VAUGHAN

2501 Rutherford Road. Unit 22  
Vaughan, Ontario  
416.231.3752

